HEGIRA HEALTH, INC.

HISTORY AND PHYSICAL HEALTH SCREEN

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Patient/Member Name			Age	ID#					
Please indicate if you/the patient has/had any of the following by checking the Past or Current box. Also, enter when the condition started. Otherwise, check the None box ☑ for each health item listed:									
	None	Past	Current	Date Began/ Onset		None	Past	Current	Date Began/ Onset
Asthma/COPD/Breathing					Skin Disorders				
Bleeding(hemophilia)					Sleep Problem				
Blood in Stool/Urine					Talking/Speech				
Caffeine Use					Swallowing				
Cancer					Teeth/Gums/Mouth				
Chicken Pox/Shingles					Thyroid Problem				
Chronic Cough					Tobacco Use & Amount:				
Colitis/Irritable Bowel					Tonsillitis				
Syndrome					Tuberculosis				
Constipation					Weakness				
Body Movement/Walking					Weight: Gain/Loss/Obesity				
Diabetes					Pain: "Past" = within the last				
Diarrhea					7 days				
Dizziness					Back/Chest/Neck/Shoulder				
Ears:					Legs/Feet/Knees				
Infections/Buzzing/Ringing					Arms/Hands				
Hard of Hearing/Deafness					Severe Headache				
Eyes/Vision					Urination				
Fainting					Other:				
Gall Bladder/ Stomach /									
GERD					Family History of:				
Head Injury					Cancer				
Heart Problem					Diabetes				
Hepatitis (A, B, C, D, E)					Heart Problems				
High Blood Pressure/Hypertension					Hypertension/High Blood Pressure				
High Cholesterol					High Cholesterol				
Meningitis					Seizures				
Pneumonia					Swallowing				
Seizures					Lives in a place with				

bedbugs:

Other:

Explain all areas checked "Current":

Sexually Trans.Infections

Sinus problem

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Please answer all of the following:					
Do you have allergies? No Yes List all:					
List dates, types, and hospitals for all hospitalizations/surgeries:					
Have you seen a medical doctor/provider in the last 3 months? ☐ No ☐ Yes If yes, date:					
Dr. Name: Address: Telephone #:					
Now under a doctor's care for pain? ☐ No ☐ Yes If Yes, Dr. Name:					
Address: Telephone #:					
What medications have you taken in the past?					
What medications do you take now?					
Who prescribed?					
1) Within the past 21 days, have you been to or been in contact with anyone who has traveled to the countries of Guinea, Sierra Leone, Liberia, Nigeria, or Sengal? ☐ No ☐ Yes					
2) If Yes, do you now have any of these symptoms? ☐ Fever of 101.5° or higher ☐ Vomiting ☐ Severe Headache ☐ Stomach Pain ☐ Muscle Pain ☐ Diarrhea ☐ Unexplained Bleeding					
Staff Only: If Yes to 1) AND any of the symptoms are present, promptly segregate the individual and contact the supervisor.					
Please check No or Yes :					
Sex with someone with a STD or HIV: □No □Yes Multiple partners: □No □Yes Homosexual/bisexual partners: □No □Yes					
In last 90 days have you or a sex partner had a sore on the penis/vagina: □No □Yes Sex without condoms: □No □Yes					
MEN: Discharge from penis: □No □Yes					
WOMEN: Pain during vaginal sex: □No □Yes Vaginal discharge different from your normal: □No □Yes					
: Long-term dialysis before 1992: □No □Yes Shared drug instruments: □No □Yes Body piercings or tattoos: □No □Yes Clotting factor concentrates before 1987: □ No □Yes Blood transfusion or organ transplant before 7/92: □No □Yes					
Your mother may have had Hepatitis C when you were born: $\square No$ $\square Yes$ Born before 1967 and served in military: $\square Yes$ $\square No$ You had blood-to-blood contact where you had questions about your HIV status, that is, dental work, hemophelia treatment, blood transfusion: $\square No$ $\square Yes$					
Staff Only: Any "Yes" response indicates the need for: 1) documented referral for Hepatitis/STD/HIV testing if not done within the last 6 months, and 2) the referral and the risk/behavior(s) to appear in the treatment plan.					
Date of last HIV antibody test: □ None Are you using birth control? □ No □ Yes Type:					
Female Only - Last GYN Exam: Number of Pregnancies:					
Number of Miscarriages: Number of Stillbirths: Number of Abortions: Number of Live Births:					
Have you missed your last 2 menstrual periods: ☐No ☐Yes Duration and Frequency:					
Due date if now pregnant: If pregnant, getting pre-natal care: □No □Yes Breastfeeding now: □Yes □No					

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My curre	nt weight is pounds. My usual weight is pounds.I am feet inches tall.
Please c	ircle the number next to the sentence that applies to you:
1	I follow a special diet: Vegetarian Low Salt_ Low Fat/Low Cholesterol Other. Please specify
3	I have diabetes.
3	I have had weight loss surgery.
2	I have kidney disease.
1	I have heart disease.
1	I have high blood pressure.
1	I have an intolerance toLactoseGlutenOther. Please specify
1	I am allergic to Soy Citrus Nuts Seafood/fish Eggs MushroomsBerries wheat/gluten.
1	I am allergic to other food not listed above.
2	I have lost more than 10 pounds in the last month without trying.
2	I have been vomiting or have had diarrhea or constipation for more than 3 days, in the last month.
3	I have a problem with my teeth, and/or chewing, and/or swallowing food.
3	I have a history of an eating disorder (vomiting/using laxatives on purpose after eating or skipping meals/eating very little most of the time).
3	I take a blood thinner (Coumadin/Warfarin).
3	I am pregnant or breast feeding.
	FOR STAFF USE ONLY
	Wtlbs. X 703 = (Ht. in inches) X (Ht. in inches) = BMI
3	BMI < 18.5 / appears emaciated
2	BMI > 40 / appears obese
	TOTAL NUTRITION SCREEN SCORE
	Moderate/high nutritional risk due to a score of ≥ 7 necessitates 1) a referral to a Nutritionist / Dietician or PCP, and 2) the referral to appear in the treatment plan.
	/ Dietician or PCP, and 2) the referral to appear in the treatment plan.

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	TUBERCULOSIS HEALTH HISTORY		YES	NO	UNKNOWN	
1.	Have you coughed up blood within the last 3 weeks?					
2.	Have you had ongoing appetite and weight loss of 10 lbs. or more the last 2 months without trying?	within				
3.	Have you had ongoing sweating while sleeping that leaves bed linens and clothes wet?					
4.	Have you had a cough for more than 3 weeks (especially, not getting better with treatment)?					
5.	5. Have you had a fever more than 100° F that lasted longer than 2 weeks within the last 3 weeks?					
6. Have you had close contact within the last 6 weeks with someone that had/has TB?						
7.	Have you had a positive TB test in the past?					
8.	8. Have you had a severe TB test reaction in the past (blister, ulcerations, anaphylactic shock)?					
9.	9. Do you have eczema?					
10. Have you had a major viral infection or a live virus vaccine (like for mumps, measles, or German measles) in the past 30 days?						
11. Have you completed TB treatment (minimum 6 months) in the past?						
FOR STAFF COMPLETION ONLY PPD (TB) Testing Criteria Check appropriate box below: Yes to any questions 1 - 6 = TB skin test referral which is included in the treatment plan. □ Yes to any questions 1 - 6 AND 7 = Chest x-ray referral which is included in the treatment plan □ Yes to any questions 8, 9, 10, 11 = No TB skin test/Chest x-ray □ Yes to any questions 1-6 AND yes to any questions 8-11 = Chest x-ray referral which is included in the treatment plan □ Absence of Yes responses directly above in Testing Criteria = No TB skin test/Chest x-ray □						
_	Signature of Patient/Person Completing Form Date of Patient Form Date					
Ī	Physician Signature with Credentials Da	nte				